



# Running Effective Teams Meetings

Daryl Hunter – Tech Strategy, Modern Work HQ

# Who is this Daryl Hunter guy anyway?



Hi – I'm Daryl. You can call me DW. I've been routing packets, troubleshooting communications protocols, & breaking telephony systems as long as I can remember. In my technical strategy role at Microsoft this year I am engaging our internal technical skillings, influencing our device lifecycle strategy, and being a general competitive SME for all things Microsoft Teams Meetings & Phone.



Although this is a slightly older picture, I have been married to Jenny for 20 years, we have four kiddos in four schools and yes, life is a zoo. We also have a dog – Ivy – she's a 3 year old Bernedoodle and unlike most really smart doodles, ours is full of dumbness.



I enjoy all things bourbon – it's a fascinating story for my home state of Kentucky. I also play competitive Chess - you can find me as "darylhunter" on chess.com if you feel up to it.

Note: if you combine bourbon + chess, you've just made my day ☺

# Our Agenda - Running Effective Meetings



## Mindful Teamwork

- What does your **team need** to reach an outcome?
- Set ground rules for **asynchronous** and **synchronous** collaboration



## Effective Meetings (Meetings Lifecycle)

- **Before** the meeting
- **During** the meeting
- **After** the meeting



## Curb Meeting Fatigue

- **Reduce** need for **multiple** meetings
- Adopt **no-meeting** Day
- **Clean up** your calendar
- Embrace **Focus Time**
- Take Teams Meeting **on the run**
- Use **Scheduling Assistant**



# Mindful teamwork



# Remote Work

## Benefits



Reduce travel



Work / Life



Productivity



Office costs



Global talent



Speed

## Challenges



Inclusion



Corporate culture



Talent development



Home office?



Employee wellness

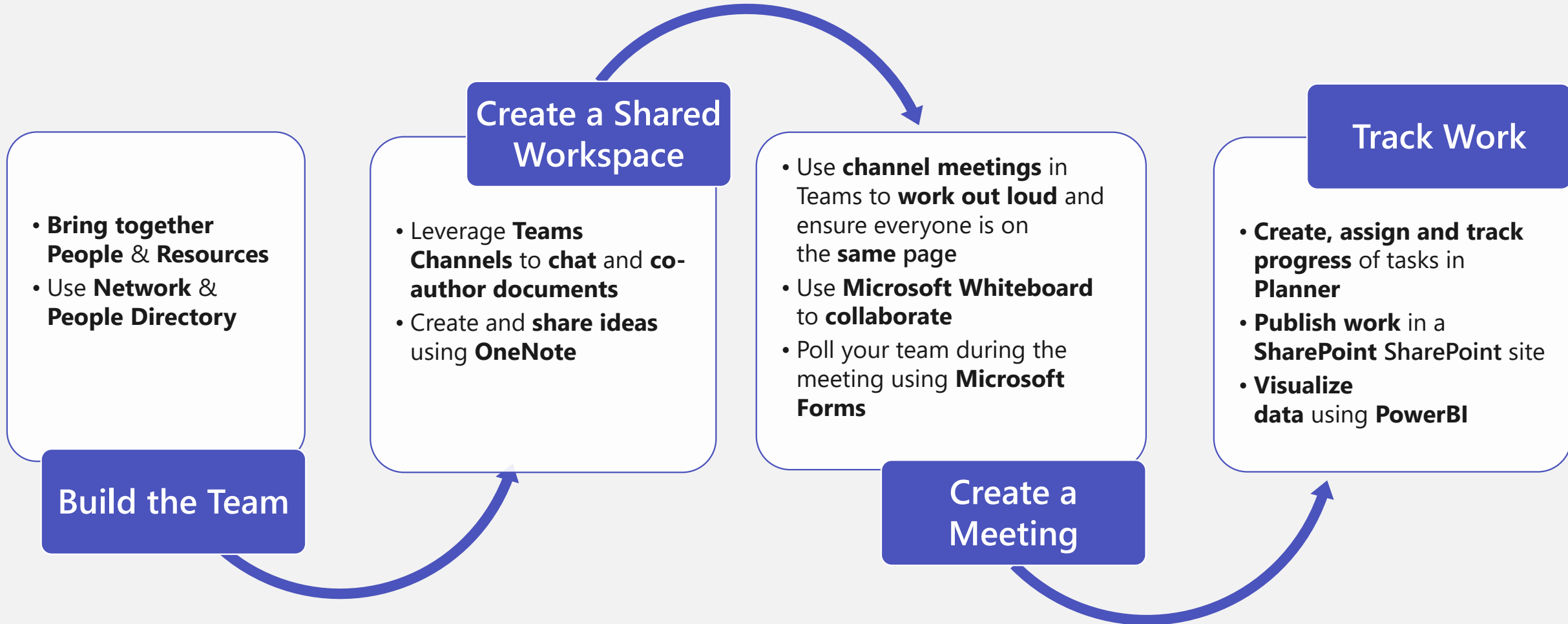


Networking

The Future is Hybrid

# What does your team need to reach an outcome?

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# Balance synchronous and asynchronous collaboration

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## Asynchronous

**Float ideas, ask questions** and **tag relevant teammates** in conversations in Teams **channels**

Allow people to **view** and **respond** in their own time

**Avoid** the temptation of scheduling a “quick sync” meeting



## Synchronous

**When** is a meeting necessary?

Consider **schedules, personal needs** and **time zones**

Dedicate 25% of meeting duration to **preparing** for it

Make meetings **impactful** to deliver news, create connection

Encourage teammates to update a **Planner** board to avoid status review meetings



# Effective meetings

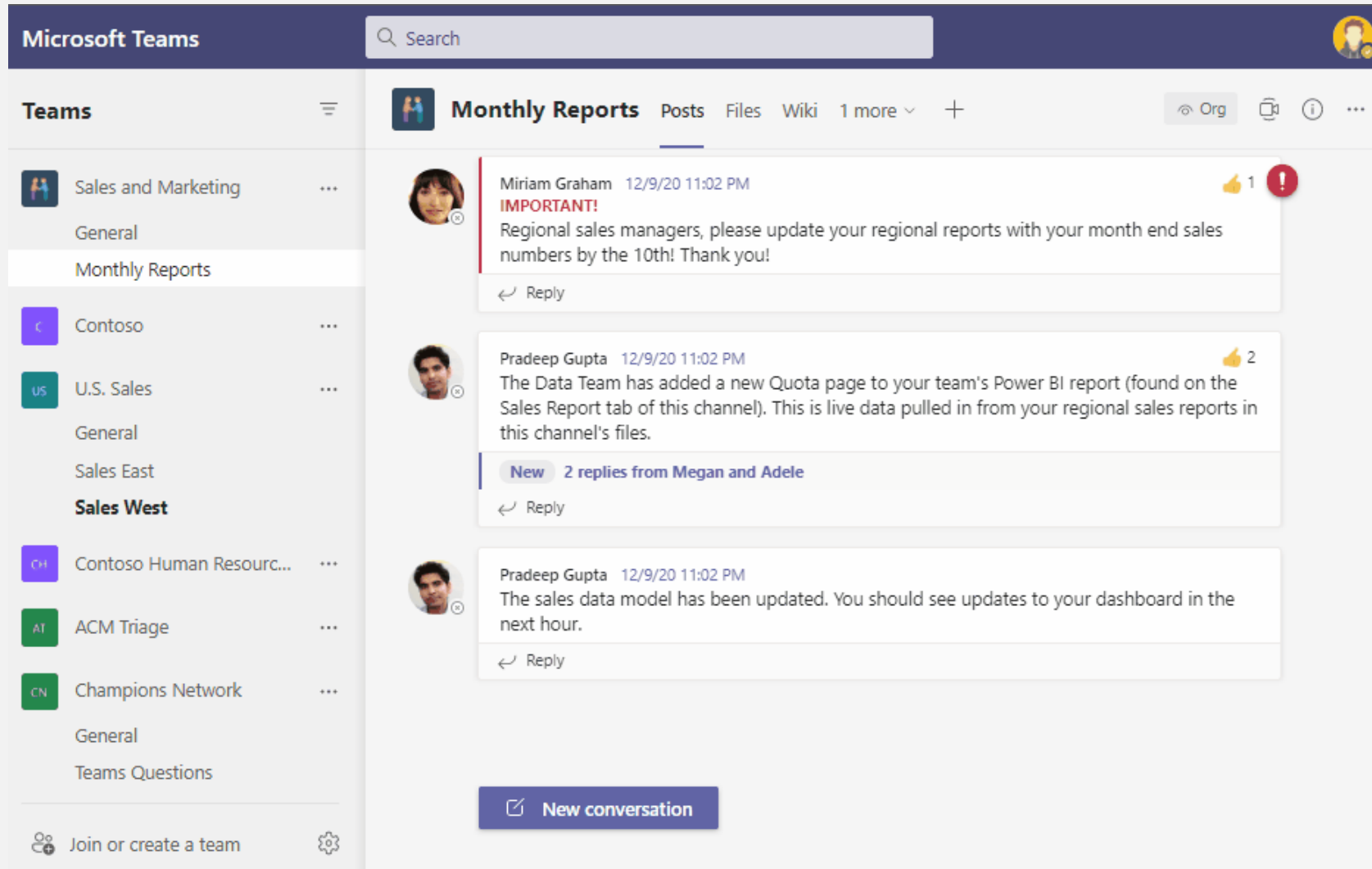




# Before

Steps to take BEFORE the meeting

# Could you use channel conversation instead?



The screenshot displays the Microsoft Teams interface. At the top, there is a dark blue header with the text "Microsoft Teams" on the left, a search bar in the center, and a user profile icon on the right. Below the header, the left sidebar shows a list of teams and channels. The "Sales and Marketing" team is expanded, showing channels: "General", "Monthly Reports" (which is selected and highlighted), "Contoso", "U.S. Sales", "Sales East", "Sales West", "Contoso Human Resourc...", "ACM Triage", "Champions Network", and "Teams Questions". At the bottom of the sidebar is a "Join or create a team" button.

The main content area shows the "Monthly Reports" channel. At the top of this area, there are tabs for "Posts", "Files", "Wiki", and "1 more". To the right of these tabs are icons for "Org", a camera, an information icon, and a menu icon. The channel contains three messages:

- Message 1:** From Miriam Graham, dated 12/9/20 11:02 PM. The message is marked as "IMPORTANT!" and contains the text: "Regional sales managers, please update your regional reports with your month end sales numbers by the 10th! Thank you!". It has 1 like and a red notification icon.
- Message 2:** From Pradeep Gupta, dated 12/9/20 11:02 PM. The message contains the text: "The Data Team has added a new Quota page to your team's Power BI report (found on the Sales Report tab of this channel). This is live data pulled in from your regional sales reports in this channel's files." It has 2 likes and a "New" badge indicating "2 replies from Megan and Adele".
- Message 3:** From Pradeep Gupta, dated 12/9/20 11:02 PM. The message contains the text: "The sales data model has been updated. You should see updates to your dashboard in the next hour." It has 0 likes.

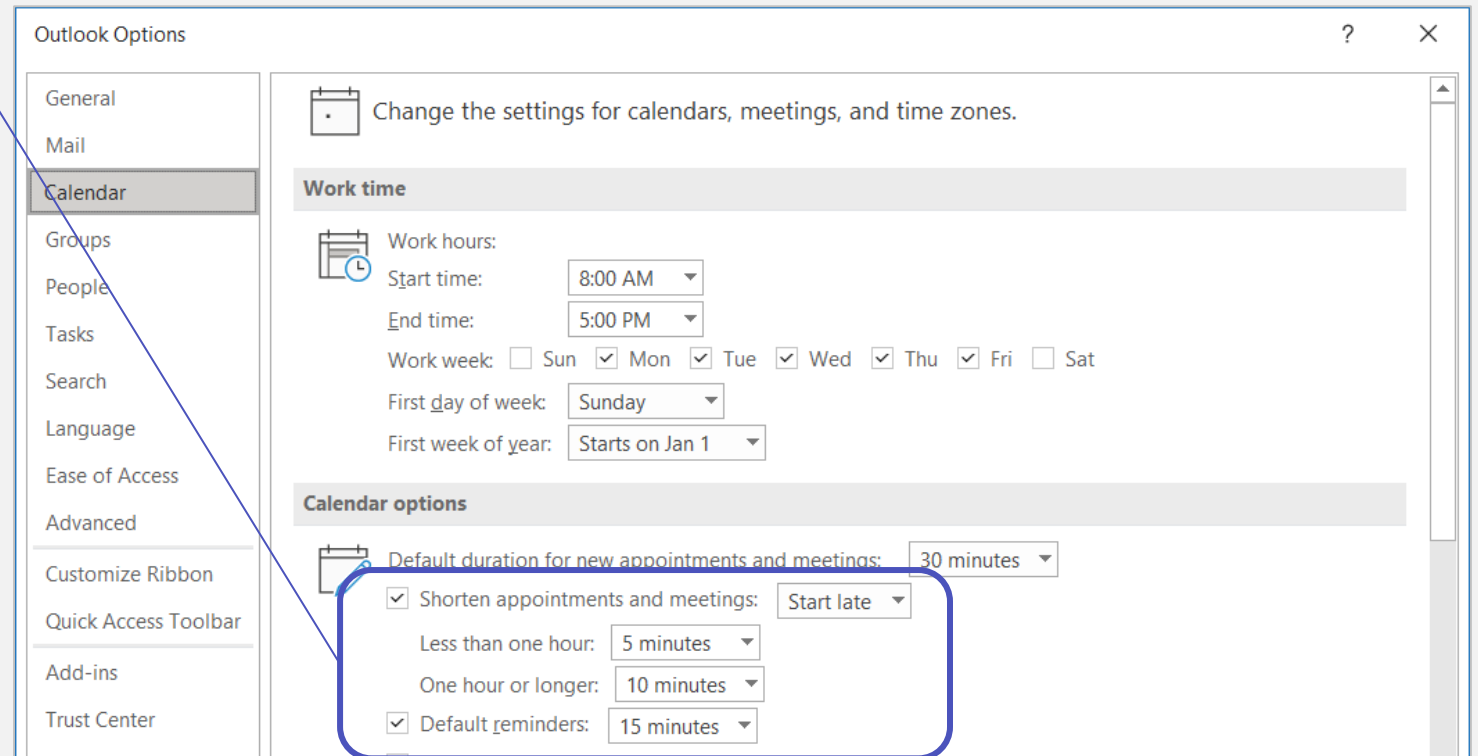
At the bottom of the channel area, there is a blue button labeled "New conversation" with a plus icon.

# Recover time in your day by shortening meetings

- Use Outlook to set your meetings to start or end early
- Gives you time to recharge

**Top Tip**

Make sure to schedule the delay at the beginning of the meeting to avoid running over at the end



# Think through how attendees will interact with each other

## Meeting Options



Enable/Disable  
Mic



Reactions

May 14, 2021, 4:00 PM - 4:30 PM  
GCC Administrator

### Meeting options

Who can bypass the lobby? People in my organization and gu... ▾

Always let callers bypass the lobby No

Announce when callers join or leave Yes

Who can present? Everyone ▾

Allow mic for attendees? Yes

Allow reactions Yes

Save



Whiteboard



Polls/Quiz



Chat



Enable/Disable  
Camera



Breakout  
Rooms



Emoticons



Hand Raise



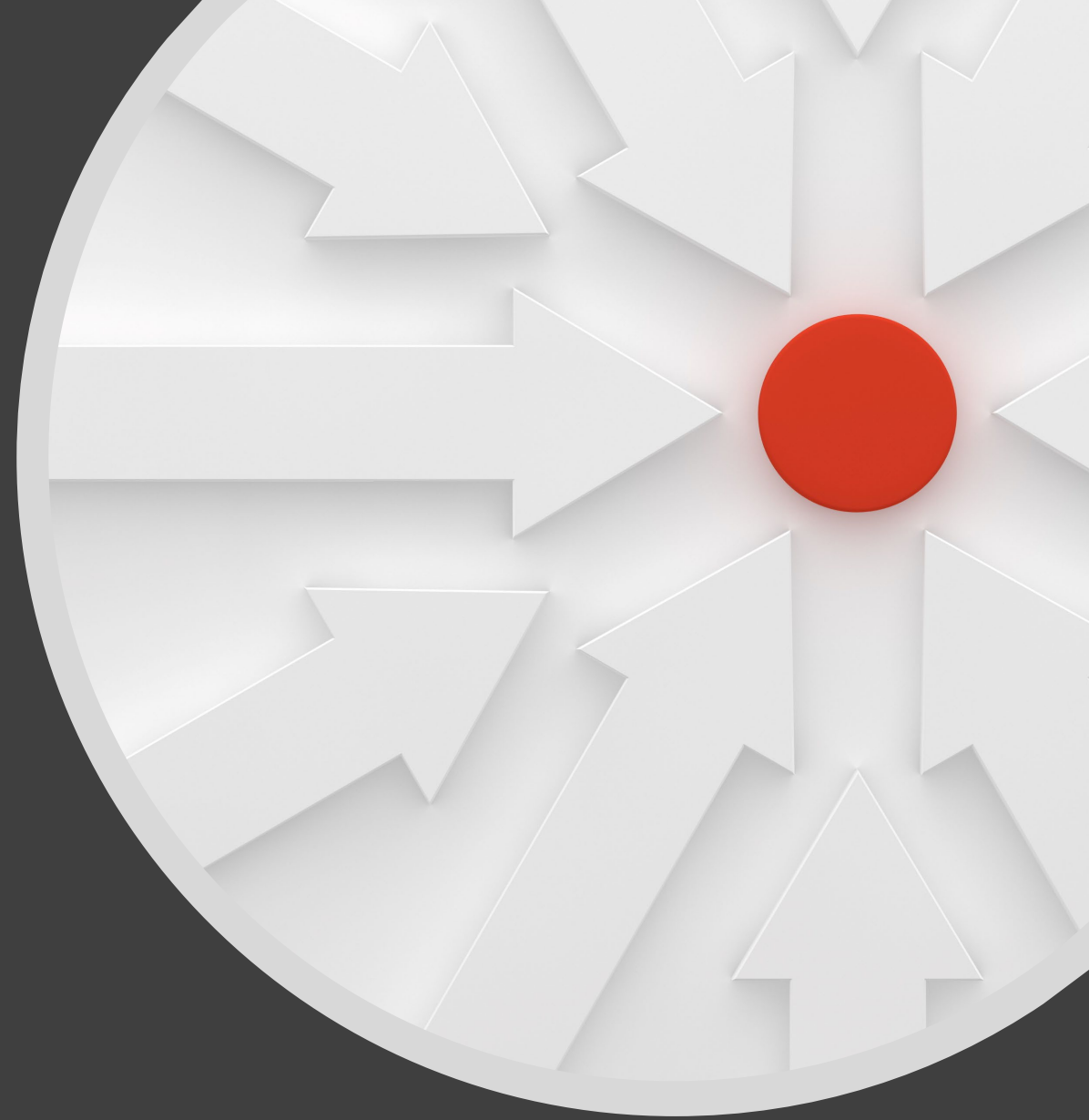
# During

How to maximize engagement DURING  
the meeting



# Maintain Focus

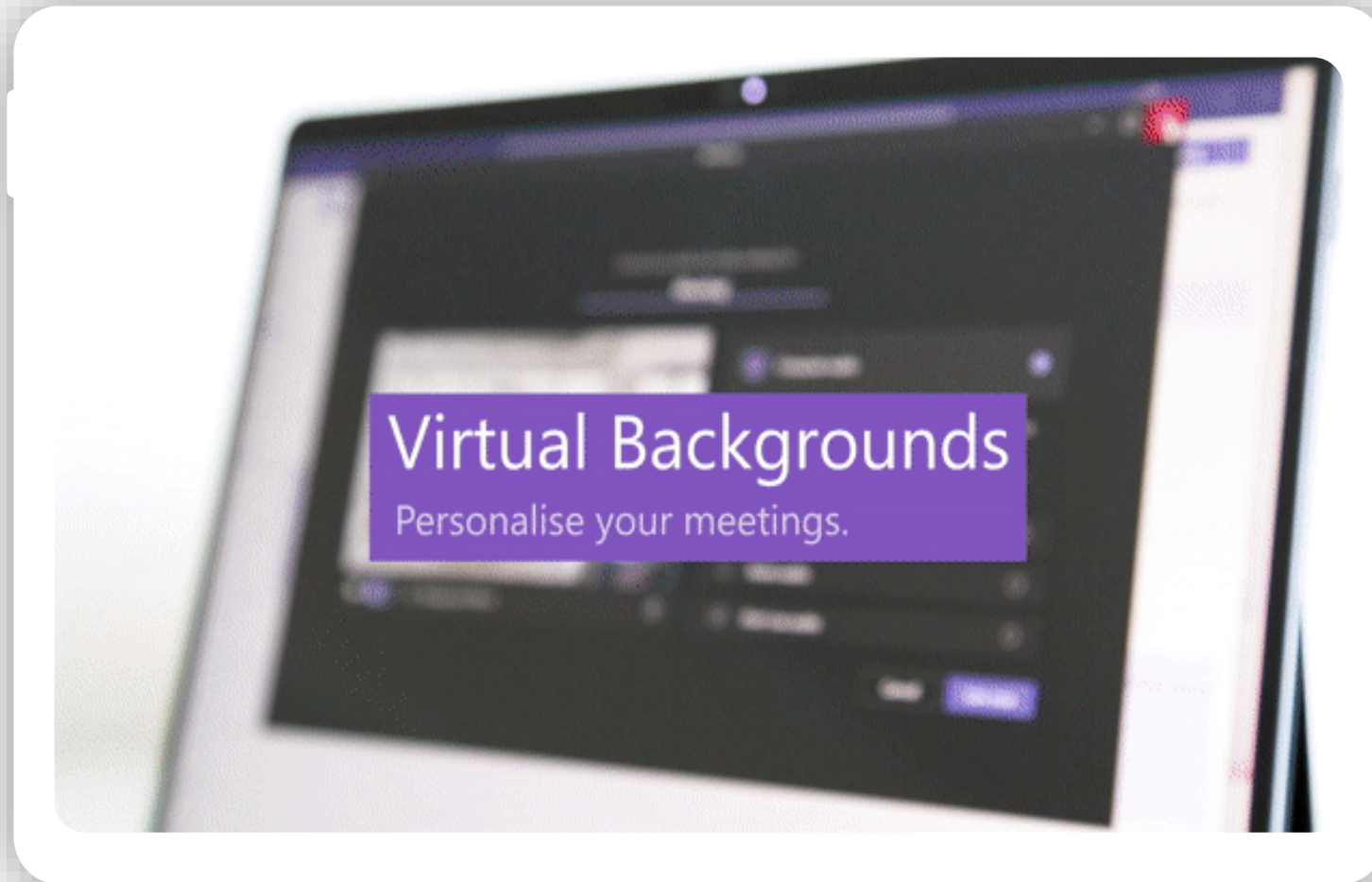
- ❖ Keep participants focused on the presenter and content
- ❖ Remove distractions from your background and environment



# Virtual backgrounds

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Personalize the way you Meet, choose or blur your background



# Together mode & dynamic view

- **Feel together**, even when you're apart
- Have more control over how you see content and meeting participants
- Instead of focusing on the disconnect, emphasize the **opportunity for connection** in the virtual domain
- Engage **personally** with your attendees, try to capture that feeling of *two minutes before and two minutes after*



Together mode brings everyone together in a shared virtual setting

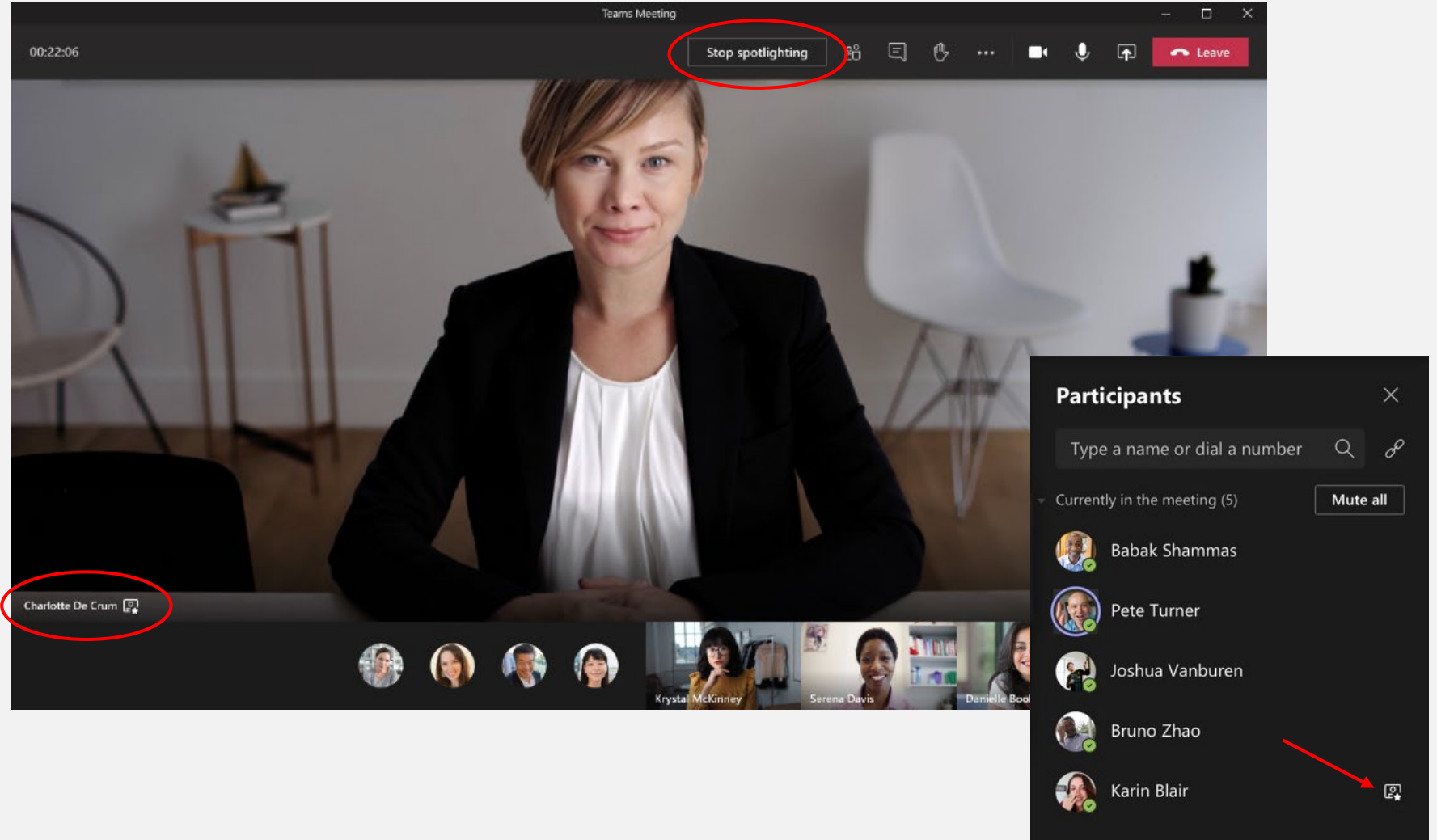


Dynamic view optimizes and maximizes shared content and video participants



# Use spotlight to focus on speaker

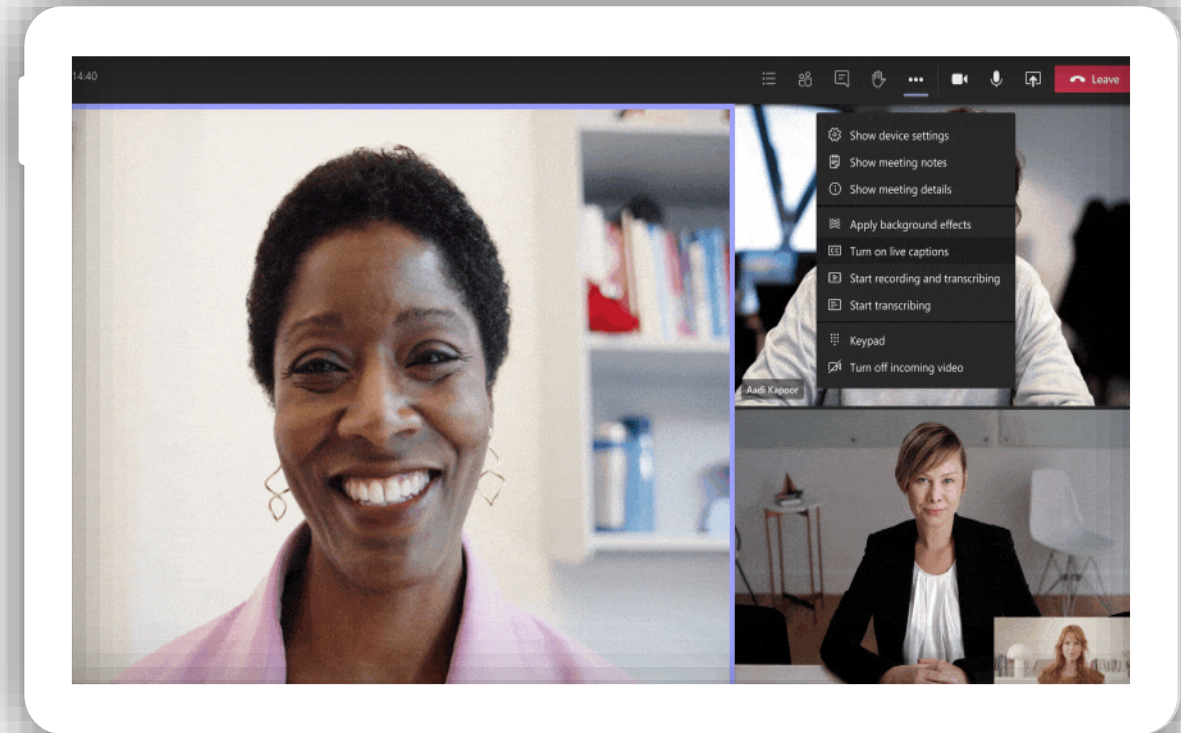
- **Lock the speaker video feed** for all attendees by using **Spotlight** feature



# Accessibility & focus

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- In the event of network issues, **live captions** help participants catch up and stay connected
- Transcription is an easy step that drastically **improves accessibility** of the presentation
- Navigate to the Windows notification center to **enable Focus mode** – remove distractions and stay in the flow



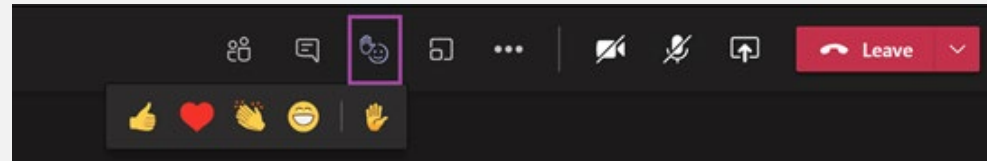
Follow along with what is said and who is saying it with live captions

# Sharing feedback during a meeting

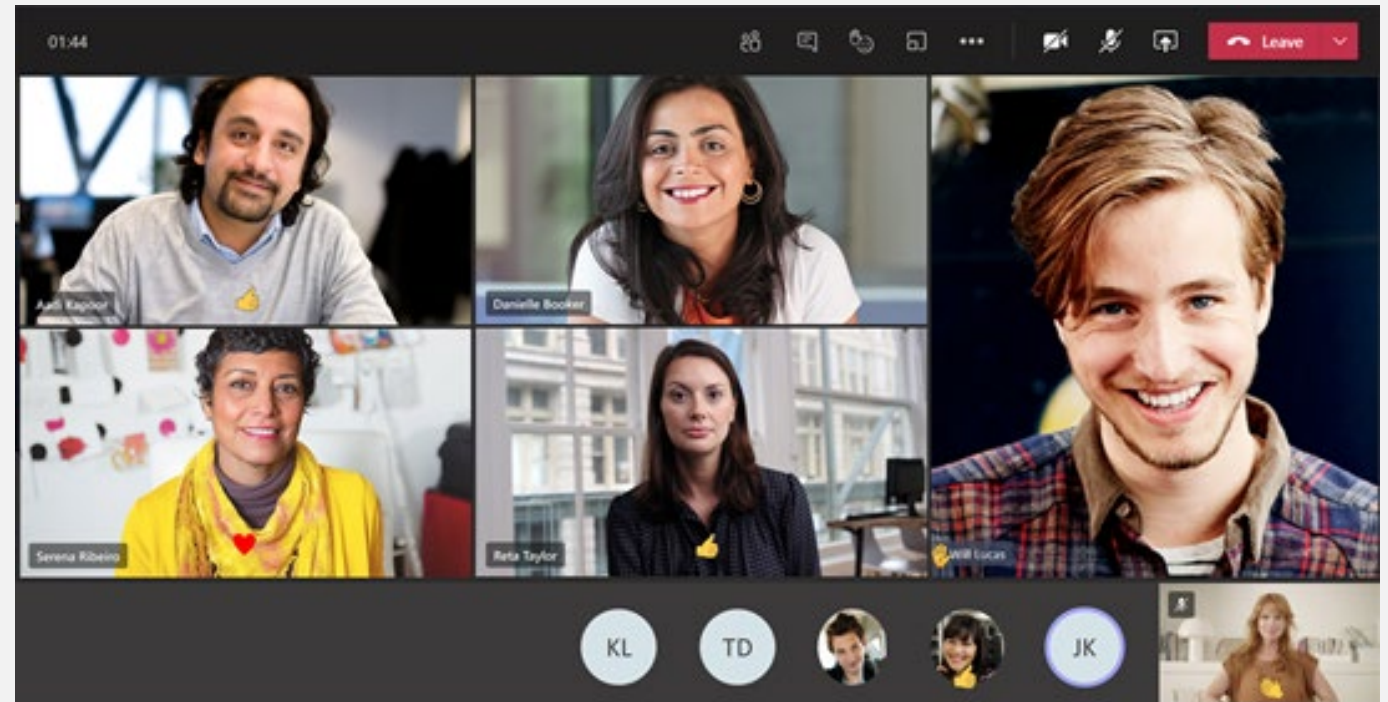
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Raise Hand to get **attention** and not interrupt presenter



Click reactions to **share agreement, encouragement, praise** and **laughter**

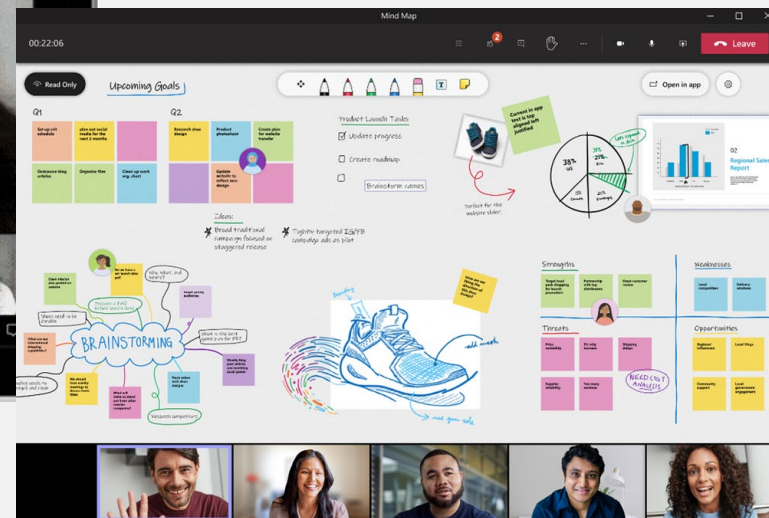


*Note: Use may be limited due to industry compliance reasons*

# Whiteboard



- Live the **in-person experience** by collaborating in real time on digital canvases.
- Quickly and efficiently convey ideas



# Breakout rooms: expand opportunities for collaboration

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- Opportunity for smaller and **focused teamwork**
- Smaller teams encourage greater engagement – **turn on videos and contribute to conversation**
- Assign automatically to randomize teams and encourage **diverse groups**
- **Bring great ideas to the forefront** of big meetings with a chance for everyone to be heard



Organizer view



Participant view



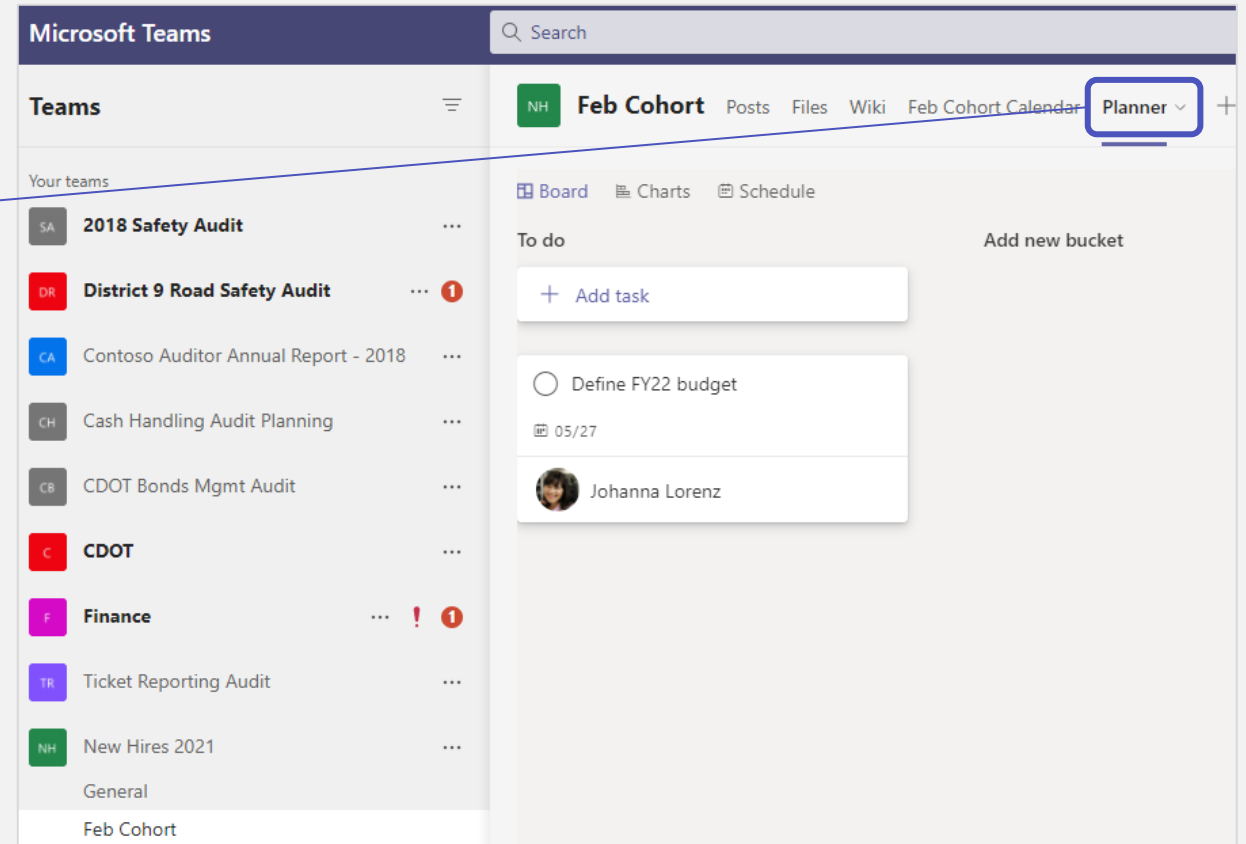
# After

How can you follow up AFTER the meeting?

# Follow through on action items

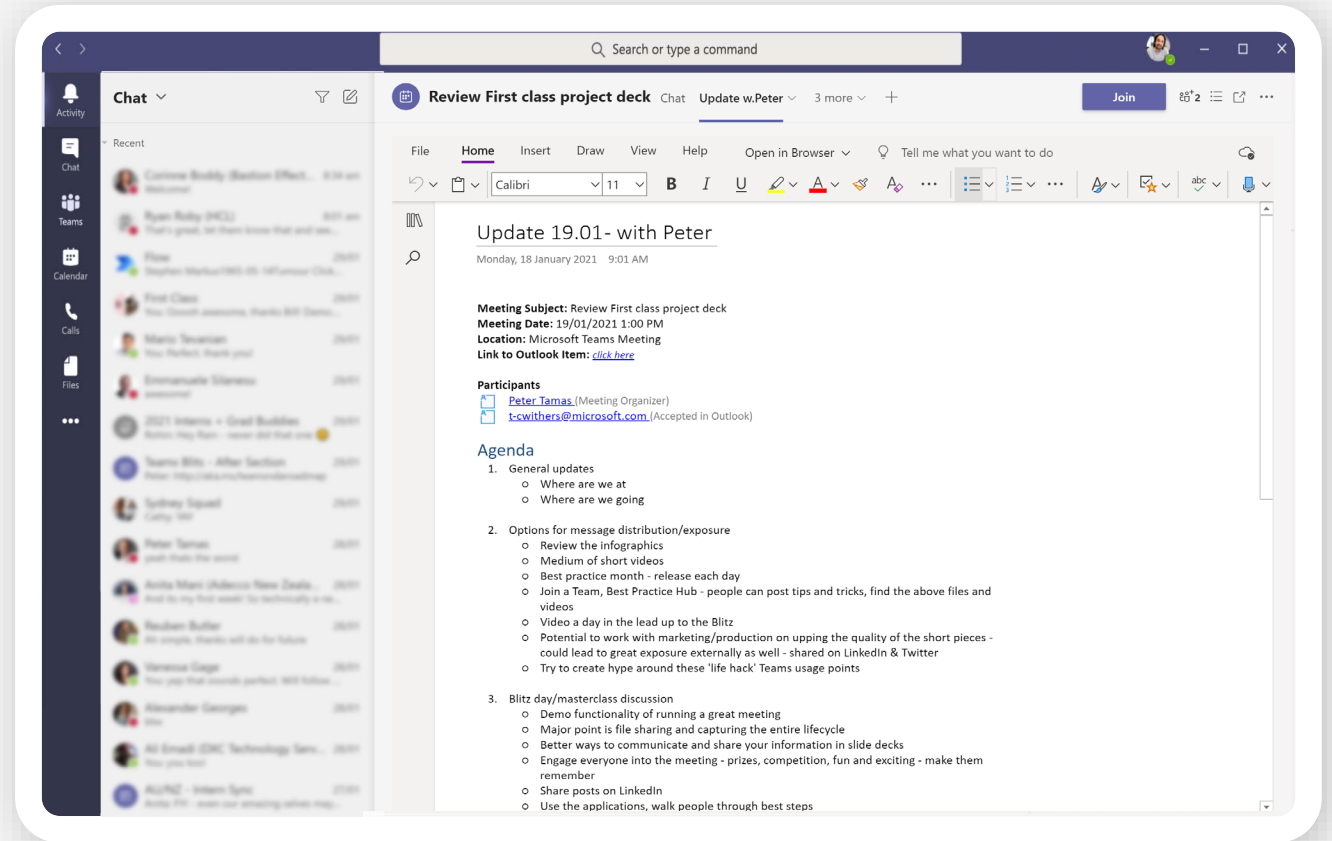
The meeting doesn't end when the meeting finishes

- Use Planner to assign and manage tasks
- Pin Planner tab to your Teams Channel



# Share notes and recording

- Record the meeting – post it in Stream
- Include Stream app in Teams Channel for each access
- Link a OneNote to the meeting to capture notes for catch up and review
- Extend meeting through the chat







Ideas for reducing meeting fatigue



# Institute a no-meeting day

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- Agree as a team or department on the day
- Keep high priority meetings
- Determine if need the meeting instead of moving to another day
- Move workstreams to Teams Channel, 1:1 or Group Chat



# Reduce need for multiple meetings

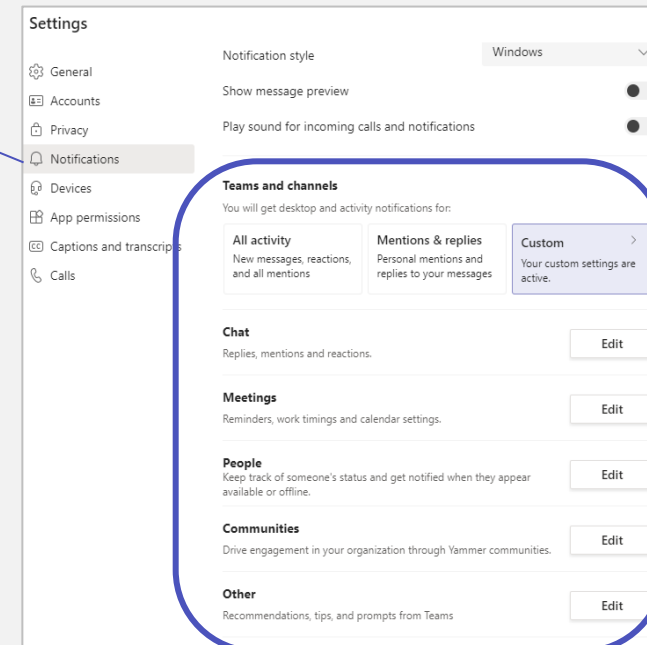
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- **Work out loud** providing feedback, adding ideas and sharing knowledge (from last week)
- Create **separate** Teams Channels for your team's workstreams
- **Move** "Top of Mind" weekly or daily meetings to a Teams Channel or Group Chat
- **Move** daily standup or status into a Teams Channel conversation
- **Pin** needed documents, SharePoint sites, apps, reports into a Teams Channel

# Use focus time

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- Block time on your calendar to for Focus Time
- Do not accept meetings that book over Focus Time
- Turn on Outlook **Delayed Messages** to only email people during work hours
- Turn off Teams notifications during Focus Time

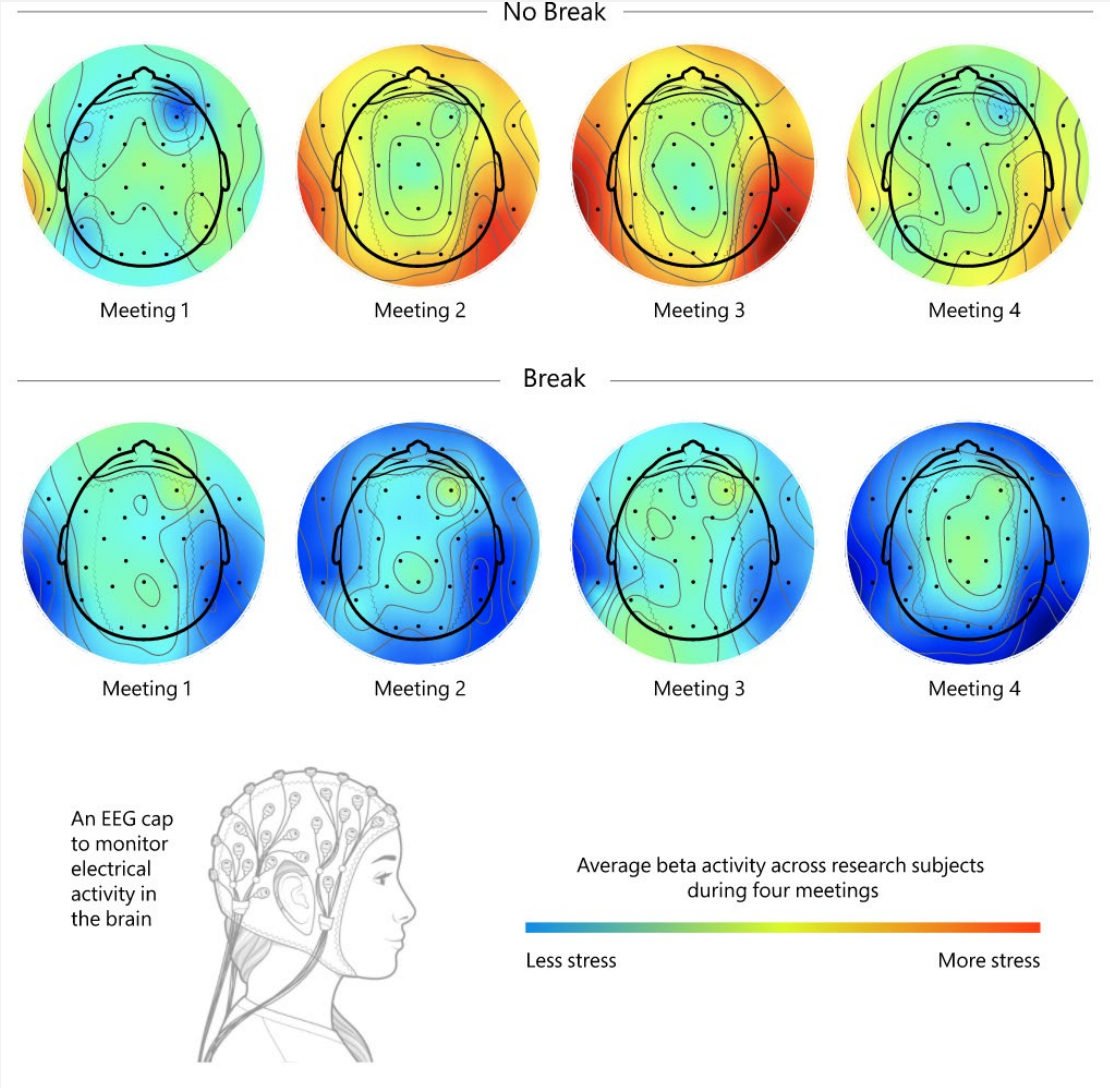


# Encourage frequent breaks

Microsoft's Human Factors Lab used EEG caps to measure beta wave activity—associated with stress—in the brains of meeting participants.

Your brain works differently when you take breaks

Taking time out between video calls prevents stress from building up



# Clean up your calendar

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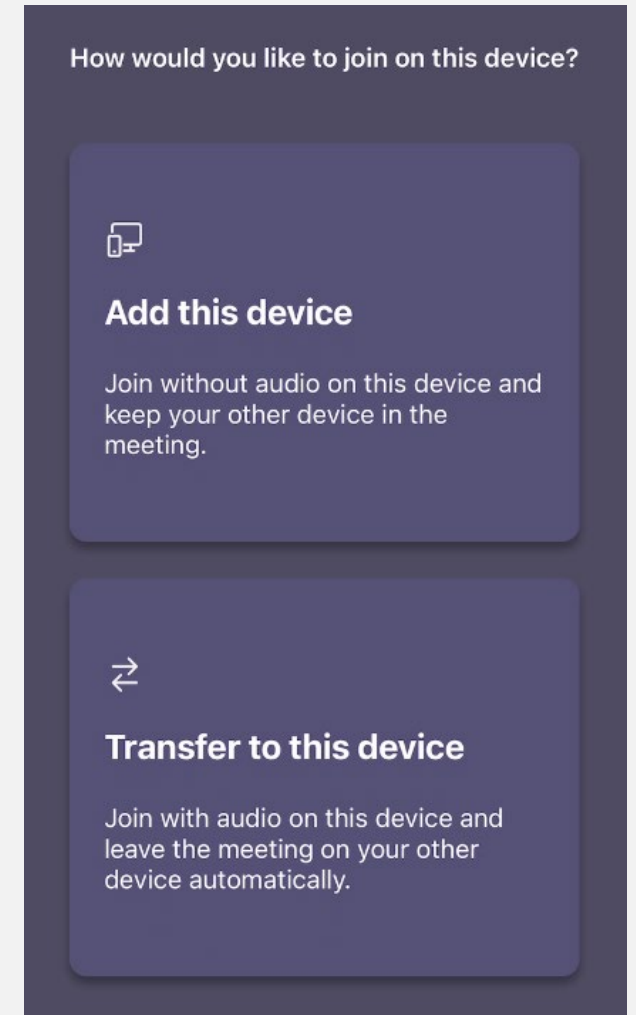
- Delete cancelled meetings
- Decline tentative meetings no intent to join
- Decline double bookings so organizers know you won't be joining
- Avoid stacking successive meetings



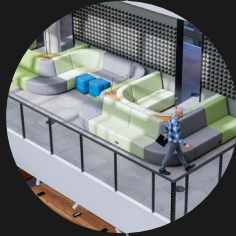
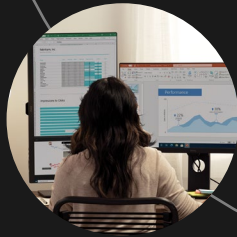
# Finally...take Teams meetings on the run

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- Encourage everyone to join one of your department/group meetings while on a **walk**
- Connect to the meeting using a **mobile device**
- Use **Transfer to this device** to seamlessly move from laptop to mobile device



# Hybrid Meetings





# Your Hybrid Strategy

Policies and  
Expectations

Differing  
Roles with the  
Organisation

Focused Work

Collaborative  
Work

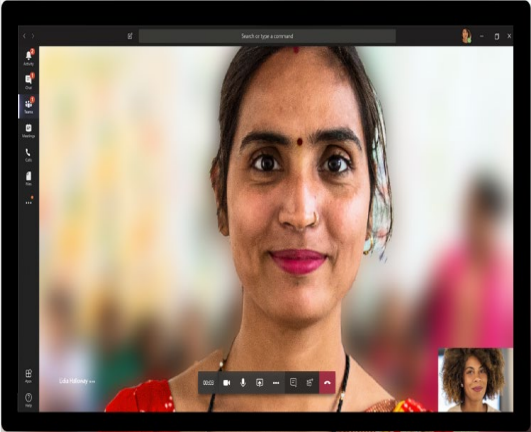
Physical  
Changes

Managing  
regional  
variation

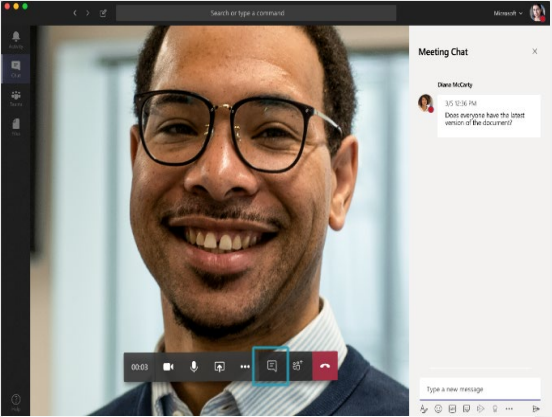
# Hybrid Meeting Etiquette



Be present and respectful



Monitor meeting chat



Can everyone be seen?



Be inclusive



# Adoption



## Driving Change

Drive awareness and behavior change

Live Sessions and Communications

Consider a playbook

How can users find the material?

Don't forget, these tools are *evergreen*



# Meeting Spaces





Remote attendees have a seat at the table



**Bring Microsoft Teams to any meeting space**



The future of meetings

# What's new in Meetings

New Teams devices and experiences for the Hybrid Workplace

- | **New gallery views on Teams Rooms**
- | **Intelligent Speakers for Teams Rooms**
- | **Teams Panels**
- | **Teams Displays enhancements**





# New gallery views for Teams Rooms

Drive more inclusive meetings in Microsoft Teams Rooms

- Large gallery view 49 video participants on a single screen
- Together Mode

**Release timing:** Available now



# Microsoft Teams Intelligent speaker

Bring speaker attributed captions and transcriptions to Microsoft Teams Rooms.

- Enabling attendees to easily follow along with what has been said and who said it
- Identifies and differentiates the voices up to 10 people in meeting rooms
- OEM providers: Yealink and EPOS

**Release timing:** Q4 CY2021



# Teams Panels

Book an available room on the spot or find an open space close by

- Color-coded LED indicators, so you can determine space availability at-a-glance
- Intuitive and easy to read UI presents space and meeting information so you can confirm you're in the right place at the right time.
- Manage rooms with Microsoft Teams admin center and Intune
- Pair with Microsoft Teams Rooms and any bookable room
- OEM provider: Crestron and Yealink



**Release timing:** Q3 CY2021

# Cortana and Bing skills on Teams Displays

With new integrations between Bing and Cortana on the Teams display experience on the Lenovo ThinkSmart View, users are now able to fetch useful information through voice activated commands.

Using words like:

“What time is it in New York”

“What is the weather in New York”

Cortana can access facts, and functionality is expected to expand to more English speaking countries this year.

**Release timing:** Q2 CY2021



# Quick start guides

Operations

Human Resources

IT & Security

Marketing & Sales

Real Estate & Facilities

[microsoft.com/hybridwork](https://microsoft.com/hybridwork)



## Hybrid Work: A Guide for Business Leaders

The image is a full-page background with a painterly, textured appearance. It depicts a landscape of rolling hills. The foreground is dominated by a field of tall, golden-yellow grass. The hills behind it are rendered in various shades of green, from light lime to deep forest green, with dark, shadowed areas that create a sense of depth and movement. The overall style is reminiscent of a digital painting or a high-quality texture map.

Thanks for joining today